



1 CORINTHIANS

**“A warning, a promise, and the Rock”**  
**1 Cor 10:1-13**



**1 Cor 8:1-4**

**Now concerning things offered to idols:  
... Therefore concerning the eating of  
things offered to idols ...**

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**Key Lessons:**

**V1-5: Christian experiences = maturity?**

**V6-12: Christians who sin persistently?**

**V13: The Christian and temptation**

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## **1 Cor 9:24-27**

**Do you not know that those who run in a race all run, but one receives the prize?**

**Run in such a way that you may obtain it ...**

**Thus I fight: not as one who beats the air.**

**But I discipline my body and bring it into**

**subjection, lest, when I have preached to**

**others, I myself should become disqualified.**



## **1 Cor 10:1-4**

**Moreover, brethren, I do not want you to be unaware that all our fathers were under the cloud, all passed through the sea, all were baptized into Moses in the cloud and in the sea, all ate the same spiritual food, and all drank the same spiritual drink. For they drank of that spiritual Rock that followed them, and that Rock was Christ.**



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**Ex 13:21-22**

**And the Lord went before them by day in a pillar of cloud to lead the way, and by night in a pillar of fire to give them light, so as to go by day and night.**

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**Genesis 49:24**

**the Mighty One of Jacob... the Shepherd,  
the Rock of Israel;**

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## **1 Cor 10:1-5**

**Moreover, brethren, I do not want you to be unaware that all our fathers were under the cloud, all passed through the sea, all were baptized into Moses in the cloud and in the sea, all ate the same spiritual food, and all drank the same spiritual drink. For they drank of that spiritual Rock that followed them, and that Rock was Christ. **But with most of them God was not well pleased, for their bodies were scattered in the wilderness.****



**Key lessons:**

**V1-5: Christian experiences do not equate to Christian maturity (cf. 1 Cor 3:2)**

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# A Warning

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## **Key lessons:**

**V1-5:** Christian experiences do not equate to Christian maturity (cf. 1 Cor 3:2)

**V6-12:** Christians who sin persistently will be severely disciplined

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## **1 Cor 10:6-8**

**6 Now these things became our examples, to the intent that we should not lust after evil things as they also lusted.**

**7 And do not become idolaters as were some of them. As it is written, “The people sat down to eat and drink, and rose up to play.”**

**8 Nor let us commit sexual immorality, as some of them did, and in one day 23,000 fell;**



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## **1 Cor 10:9-11**

**9 nor let us tempt Christ, as some of them also tempted, and were destroyed by serpents;**

**10 nor complain, as some of them also complained, and were destroyed by the destroyer.**

**11 Now all these things happened to them as examples, and they were written for our admonition, upon whom the ends of the ages have come.**



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**WARNING!**

**1 Cor 10:12-13**

**12 Therefore let him who thinks he stands take heed lest he fall.**

**13 No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.**



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## **1 Cor 10:12-13**

**12 Therefore let him who thinks he stands take heed lest he fall.**

**13 No temptation (or testing?) has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted/tested beyond what you are able, but with the temptation/testing will also make the way of escape, that you may be able to bear it.**



## 1 Cor 10:12-13

12 Therefore let him who thinks he stands take heed lest he fall.

13 No temptation has **overtaken** you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.





# A PROMISE

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## 1 Cor 10:13

No temptation has overtaken you except such as is common to man; **but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.**

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## **1 Cor 10:13**

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**Luke 4:13**

**Now when the devil had ended every temptation, he departed from Him until an opportune time.**

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**The coming of temptation  
is the chance for victory.**

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Living Out God's Word  
in the Real World





**1. Remind yourself that **you can win.****

**1 Cor 10:13**

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- 1. Remind yourself that **you can win.****
- 2. **Ask** God for help.**

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## 1 Cor 10:13

No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also **make the way of escape (exodus!)**, that you may be able to bear it.

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**Luke 22:43**

**Then an angel appeared to Him from heaven,  
strengthening Him.**



## **Luke 4:4**

**But Jesus answered him, saying, “It is written, ‘Man shall not live by bread alone, but by every word of God.’ ”**



- 1. Remind yourself that **you can win.****
- 2. **Ask** God for help.**

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## **Hebrews 4:15-16**

**For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin. Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.**

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1. Remind yourself that **you can win.**
2. **Ask** God for help.
3. Be ready to **suffer** for not sinning.

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# 1 Cor 10:13

No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that **you may be able to bear it.**

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1. Remind yourself that **you can win.**
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## **Key lessons:**

- V1-5:** Christian experiences do not equate to Christian maturity (cf. 1 Cor 3:2)
- V6-12:** Christians who sin persistently will be severely disciplined,
- V13:** Christians are able to overcome temptations with God's help.





# THE ROCK

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## 1 Cor 10:1-4

Moreover, brethren, I do not want you to be

unaware that all our fathers were under the cloud, all passed through the sea, all were baptized into Moses in the cloud and in the sea, all ate the same spiritual food, and all drank the same spiritual drink.

**Isaiah 8:14**

**He will be ... a stone of stumbling and a rock of offense ...**

For they drank of that spiritual Rock that followed them, and **that Rock was Christ.**



**John 19:34**

**But one of the soldiers pierced His side with a spear, and immediately **blood and water** came out.**



## **Numbers 20:11**

**Then Moses lifted his hand and struck the rock twice ... and water came out abundantly**