

# **Rejoicing in Lament**

Psalm 13:1-6;  
Lamentations 3:22-24

**"Get well soon! Jesus loves you!"**

**God is bigger than cancer!"**

## Psalm 13

- <sup>1</sup> How long, O LORD? Will you forget me forever?  
How long will you hide your face from me?
- <sup>2</sup> How long must I take counsel in my soul  
and have sorrow in my heart all the day?  
How long shall my enemy be exalted over me?
- <sup>3</sup> Consider and answer me, O LORD my God;  
light up my eyes, lest I sleep the sleep of death,  
<sup>4</sup> lest my enemy say, "I have prevailed over him,"  
lest my foes rejoice because I am shaken.
- <sup>5</sup> But I have trusted in your steadfast love;  
my heart shall rejoice in your salvation.
- <sup>6</sup> I will sing to the LORD,  
because he has dealt bountifully with me.

## Psalm 13:1-2

How long, O LORD? Will you forget me forever?

How long will you hide your face from me?

How long must I take counsel in my soul and have sorrow in my heart all the day?

How long shall my enemy be exalted over me?

# How Long, O Lord?

Those:

1.who feel forsaken by God

2.who feel their prayers are not heard or answered

3.who are discouraged with life's possibilities

4.who are going through difficult financial times or physical stresses

5.who are stuck in a job or family situation they cannot resolve

## Psalm 13:3-6

<sup>3</sup> Consider and answer me, O LORD my God;  
light up my eyes, lest I sleep the sleep of  
death,

<sup>4</sup> lest my enemy say,  
"I have prevailed over him,"  
lest my foes rejoice because I am shaken.

<sup>5</sup> But I have trusted in your steadfast love;  
my heart shall rejoice in your salvation.

<sup>6</sup> I will sing to the LORD,  
because he has dealt bountifully with me.

The **steadfast love** of the Lord never ceases;  
his mercies never come to an end; they are new  
every morning; great is thy faithfulness.

Lamentations 3:22-23

## Psalm 13:5

But I have trusted in your **steadfast love**;  
my heart shall rejoice in your salvation. ESV

But I have trusted in Your **mercy**;  
my heart shall rejoice in Your salvation. NKJV

But I have trusted in Your **faithful love**;  
my heart will rejoice in Your deliverance. HCSB

But I have trusted in Your **loving-kindness**;  
my heart shall rejoice in Your salvation. NASB



Steadfast Love  
Faithful love  
Mercy  
Loving-kindness  
Covenant loyalty

**“HESED”**

I have trusted in your **HESED**;  
my heart shall rejoice in your salvation.

Whatever my fears or foes suggest,  
You are my hope, my joy, my rest.  
My heart shall feel your love and raise  
My cheerful voice to sing your praise.

Isaac Watts