Sex and Marriage

1 Corinthians 6:18-7:9

"Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body. (1 Corinthians 6:19-20)

Recap

God made sex.

God made sex for intimacy and fruitfulness.

Recap

Sex

- Assumes, not establishes intimacy
- Sealing of relationship into permanence
- Giving (not taking)

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Sex is good, but it can be misused.

It has to be completely contained within marriage.

Premarital & Extramarital Sex

"You shall not commit <u>adultery</u>." (Exodus 20:14)

"Let marriage be held in honor among all, and let the marriage bed be undefiled, for God will judge the <u>sexually immoral</u> and <u>adulterous</u>."

(Hebrews 13:4)

'immoral'

pornos: fornicator or impure person

"Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body."

(1 Corinthian 6:18)

'immorality'

porneia: fornication (sexual relations outside of marriage)

"But because of the temptation to <u>sexual</u> <u>immorality</u>, each man should have his own wife and each woman her own husband."

(1 Corinthian 7:2)

'immorality'

porneia: fornication (sexual relations outside of marriage)

"For out of the heart come evil thoughts, murder, adultery, <u>sexual immorality</u>, theft, false witness, slander."
(Matthew 15:19)

(See also Galatians 5:19-21, Ephesians 5:3, Colossians 3:5 and Revelation 9:21)

What does the Bible say about premarital sex (fornication):

"To the unmarried and the widows I say that it is good for them to remain single as I am. But if they cannot exercise self-control, they should marry. For it is better to marry than to burn with passion."

(1 Corinthians 7:8-9)

Why did God command that sex be contained within marriage?

""Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh." This mystery is profound, and I am saying that it refers to Christ and the church." (Ephesians 5:31-32)

Christ and the Church

- The unity of man and woman through marriage and sex is meant to mirror the unity of Christ and the church.
- The relationship of Christ and the church is <u>exclusive</u> and <u>permanent</u>.

Recap

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Why did God command that sex be contained within marriage?

- The oneness of a man and woman through marriage and sex is a proper reflection of the oneness of Christ and the Church.
- Premarital and extramarital sex can't mirror this reality.

Sex is a good gift from God and sexual gratification in marriage is God's design for intimacy and fruitfulness.

But we must not be enslaved to sex.

What matters most is our contentment in Christ.

Exhortation for Married People

 Sex in marriage becomes a means of grace or weapon to fight against sexual sins.

"The husband should give to his wife her conjugal rights, and likewise the wife to her husband. For the wife does not have authority over her own body, but the husband does. Likewise the husband does not have authority over his own body, but the wife does.

Do not deprive one another, except perhaps by agreement for a limited time, that you may devote yourselves to prayer; but then come together again, so that Satan may not tempt you because of your lack of self-control."

(1 Corinthians 7:3-5)

Exhortation for Married People

 There is no need for a child of God to carry any guilt into the marriage bed. "There is therefore now no condemnation for those who are in Christ Jesus." (Romans 8:1)

"If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."
(1 John 1:9)

Exhortation for Single People

Avoid unnecessary sexual stimulation.

Keep healthy physical boundaries.

"Not to awaken love until the time is right." (Song of Solomon 2:7, 3:5, 8:4)

Exhortation for Single People

 Seek to grow in your passion for Christ.

"The heart is so constituted that the only way to dispossess it of an old affection is by the expulsive power of a new one."
(Thomas Chalmers)

Exhortation for Single People

Fill your mind with the Word of God.

"I have hidden your word in my heart that I might not sin against you." (Psalm 119:11)

"God invented sex for His glory and our benefit. His basic rule—keep sex inside marriage—isn't meant to be a killjoy, but to protect our hearts and bodies and relationships and families. He knows what He's doing, and we do well to follow." (Sue Bohlin)