

PMC SERMON “LIVE IT OUT” GUIDE

Date: 7 Jun 2015

Text: Gen 2:21-25; Matt 19:10-12

Title: Why Sex?

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Series: Sex in the Bible

[For Group Leaders: The following serves only as a guide. Please feel free to adapt according to the needs of your group.]

1. SERMON RECAP

(Visit pmc.org.sg to listen to the sermon and download a copy of the Powerpoint slides)

- a. God made sex. It is to be honoured and celebrated. We need to ask God if we want to know its purpose!
- b. Sex
 - Assumes, not establishes intimacy
 - Is the Sealing of relationship into permanence
 - Is Giving (not taking)
- c. Not having sex does not make you a lesser men. Having sex all the time does not make you a more loved woman. What ultimately matters is not that we are “in love”, but that we are “in Christ”.
- d. When we are clear about our mission and purpose in life – whether we marry or remain single, it would be for the sake of God, and His Kingdom (Matt 6:33).
- e. Don’t become a “sex symbol”; Don’t worship sex; Don’t look back.

2. LIVE IT OUT

- a. Below are common views of sex today.
 - Sex can be enjoyed just for fun and is fine for unmarried consenting adults. It's a good way to exercise anyway!
 - If King Solomon could have so many wives and concubines, why can't I have just a few? My partner understands and does not mind. In fact it takes off the pressure from him/her to meet my needs.
 - If you have it, flaunt it. Why be ashamed of something beautifully created by God?
 - (Feel free to add a few more to this list)
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In your group, discuss how these views compare with the purpose of sex as designed by God.

- b. Break into smaller groups, preferably of the same gender.
 - Share with one another an area in your life where you are sexually tempted and/or compromised. Be specific.
 - Commit with one another to take concrete steps to deal with this weakness in your life.
 - Pray for one another.
- c. We sometimes unknowingly say or do things that discourage singles. As a group, list some dos and don'ts that we should practice when relating with those who are single (by choice or by circumstances).
- d. Are you clear about your mission and purpose in life? How do you think this relates to whether you are married or single, as well as your concerns about sex?

3. **REFLECT AND PRAY**

"You have made us for yourself, O Lord, and our hearts are restless until they rest in you." (Saint Augustine, 354–430)

Reflect on the following truths:

- Christ has cleansed and made us Righteous
- He gives us a new start, and puts on us a ring and robe (Luke 15:22)
- Sexual sins go deep (1 Cor 6:18), but God's grace works deeper still!

Spend some time in silence, either personally or as a group, and let the Lord minister His grace to you.
(Play a worship CD in the background if possible)

4. **GOING DEEPER**

- a. Sex is the "deepest union possible between humans, pointing to the possibility of that similar union with God in worship".
 - Do you agree with the above statement? Why or why not?
 - Share your own experiences in worship, and describe what it was like to be in "union" with God.
